

Your Guide to the Orientation Camping Trip

Who? The Peace Ambassador students who have their medical forms (including medication authorization forms for prescription and over-the-counter medications) turned into the office. This will be all of us, right?

What? Camping, cooking, hiking, games, and activities.

Where? Tuckahoe State Park Youth Group Camping Area (13450 Cherry Lane, Ridgely, MD 21660; GPS Coordinates: 38.96667,-75.94278)

When? Wednesday, September 10th through Friday, September 12th

Why? Camping is fun! Overnight trips give us the chance to get to know each other better. Spending time in nature makes us happier and healthier. Did we mention, camping is fun!

How? We will travel to Tuckahoe State Park on an OFS bus. We will leave school no later than 9:30 AM on Wednesday and will be back at school in time for regular dismissal on Friday.

Packing List

Please pack everything on the list and label everything that can be labeled to prevent loss. The bag it is packed in must be one that you can carry independently and will not take up too much space inside your tent.

General

- Sleeping pad (this is for warmth as much as comfort so a yoga-type mat can work)
- Sleeping bag
- Small backpack or string pack (for carrying lunches, water bottles, etc. when we venture from our campsite)
- Reusable water bottle

- Flashlight or headlamp with extra set of batteries
- Mess kit including a plate, bowl, fork, spoon, and mug with a handle for hot drinks (large plastic food storage containers are an acceptable substitute for a plate and/or bowl)
- 2 - 3 Cloth napkins or bandanas to be used as a napkin
- Personal World journal (Pack this in a ziplock bag)
- 2 pens and 2 pencils
- Sunscreen
- Bug repellent (to protect against both mosquitoes and ticks)
- Prescription and regularly used over-the-counter medications (these must be given to Hannah or Pearl and include the correct medication form and be in the original packaging)
- Toiletries
 - Toothbrush
 - Toothpaste
 - Deodorant
 - Hairbrush/comb
 - Period products if you use them
- Plastic shopping bag or trash bag for wet or exceptionally dirty clothes

Clothing

This list is in addition to the clothes that students wear to school on the day of departure.

Please pack everything that is on the list and nothing extra.

- Closed-toed shoes that can get dirty
- Sneakers or closed-toed sandals that are comfortable for walking (no flip flops)
- 2 t-shirts
- 1 long-sleeved shirt
- 1 sweater or sweatshirt
- 1-2 pairs long pants
- 1-2 pairs shorts
- 1 outfit (long pants and long-sleeved shirt) that can get really dirty
- 4 pairs underwear
- 4 pairs socks
- Rain jacket or poncho
- Hand towel

- Hat
- Sunglasses
- Warm pajamas (it can get very cold at night and in the early morning)
- bathing suit
- towel

Optional Items

- Pillow
- Camera
- Book (Pack this in a ziplock bag)
- Playing cards (Pack this in a ziplock bag)
- Electronic entertainment devices [not including cell phones] may be used on the bus but must be left on the bus during the trip. We cannot guarantee the security of any items left on the bus.

Do Not Bring

Money

Cell phones

Multi-tool or Swiss Army Knife

Makeup

Jewelry