

Oneness-Family School - Toddler through Kindergarten - Academic Benchmarks Overview
Academy: Practical Life

PRACTICAL LIFE			
Toddler	Pre-School	Pre-Kindergarten	Kindergarten
<p>Care of Self</p> <p>Washes hands without assistance</p> <p>Is bathroom independent</p> <p>Puts on and takes off shoes without assistance</p>	<p>Care of Self</p> <p>Washes hands correctly</p> <p>Zips up trousers after using the bathroom</p> <p>Puts on and takes off own coat and shoes</p>	<p>Care of Self</p> <p>Executes the following self-care tasks independently:</p> <ul style="list-style-type: none"> • Washes hands • Blows nose • Reverses inside-out clothes • Cleans dirty shoes & boots • Puts on gloves & mittens 	<p>Care of Self</p> <p>Executes the following self-care tasks independently:</p> <ul style="list-style-type: none"> • Reverses clothing • Covers mouth when coughing and sneezing
<p>Care of Environment</p> <p>Wipes and cleans tables without assistance</p> <p>Puts away own belongings</p> <p>Handles classroom materials with care</p>	<p>Care of Environment</p> <p>Dust and sweeps</p> <p>Cleans up after themselves</p> <p>Handles classroom materials with care</p>	<p>Care of Environment</p> <p>Hangs up objects on hooks or pegs</p> <p>Cares for classroom books</p> <p>Shows respect for materials</p>	<p>Care of Environment</p> <p>Shows respect for materials</p> <p>Cares for the classroom environment</p> <p>Cares for the bathroom environment</p>

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<p>Grace & Courtesy</p> <p>Displays verbal courtesy in conversation with “yes, please” and “no, thank you” phrases</p> <p>Recognizes polite manners</p> <p>Walks in the line</p> <p>Works quietly w/ limited movement for 5 minutes</p>	<p>Grace & Courtesy</p> <p>Demonstrates polite greetings using eye contact</p> <p>Shows respect for classmates and teachers</p>	<p>Grace & Courtesy</p> <p>Demonstrates polite greetings using eye contact</p> <p>Shows respect for classmates and teachers</p>	<p>Grace & Courtesy</p> <p>Demonstrates manners and courtesy</p>
<p>Fine/Gross Movement</p> <p>Scoops and transfers varied materials without assistance</p> <p>Pours without spilling</p> <p>Visually tracks and follows moving objects</p> <p>Can walk on a straight line</p> <p>Can alternate feet when climbing stairs</p> <p>Manipulates clay with fingers</p> <p>Paints with fingers</p> <p>Copies simple shapes</p>	<p>Fine/Gross Movement</p> <p>Spoons and transfers varied materials</p> <p>Tweezes small objects</p>	<p>Fine/Gross Movement</p> <p>Sorts varied objects by hand and with simple tools</p> <p>Walks the line with and without objects</p> <p>Demonstrates dry pouring</p> <p>Pours and transfers liquids from various size bottles</p> <p>Strings beads of varying sizes</p>	<p>Fine/Gross Movement</p> <p>Exhibits fine body control and movement</p> <p>Exhibits gross body control and movement</p>

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<p>Demonstrates basic dexterity (wrapping and unwrapping, putting a lid on and off, stringing beads, etc.)</p> <p>Transfers objects with “pincer grasp”</p>			